

**Southern Ontario College of Osteopathy
Pelvic Region.**

**Osteopathic clinical assessment and treatment including the major osteopathic techniques.
(Course outline)
23 hours**

1. Review of the anatomy and physiology of the pelvic region
2. Pelvic types and Biomechanics of the pelvis
3. Gate Pelvic Motion
4. The Pelvis During Pregnancy
5. Radiography of the pelvis
6. Embryological origins of the topographical and functional pelvic anatomy
7. Autonomic nervous system
8. Peripheral nervous system
9. Pathology of pelvic region
 - A. Inflammatory processes (osteoarthritis, gynecologic, urologic etc.)
 - B. Pathology of pelvic ligaments
 - C. Pelvic Floor Dysfunction and a tender coccyx
 - D. Short Leg Syndrome
 - E. Post-traumatic changes
 - F. Oncology
10. Somatic dysfunction at the sacroiliac joint
 - A. Iliosacral Somatic Dysfunction
 1. Anterior ilial rotation
 2. Posterior ilial rotation
 3. Superior innominate shear
 4. Inferior innominate shear
 - B. Sacroiliac Somatic Dysfunctions
 1. Forward sacral torsions
 - a. Left on left sacral torsion
 - b. Right on right sacral torsion
 2. Backward sacral torsions

- a. Left on right sacral torsion
 - b. Right on left sacral torsion
 - 3. Unilateral sacral flexions
 - a. Left unilateral sacral flexion
 - b. Right unilateral sacral flexion
 - 4. Bilateral sacral flexion dysfunction
 - 5. Bilateral sacral extension dysfunction
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- 11. Osteopathic assessment of pelvic region: Examination and Motion Testing
 - 12. Osteopathic structural diagnosis
 - 13. Muscle Energy Techniques for the treatment of pelvic region
 - 14. Soft Tissue Techniques for the treatment of pelvic region
 - 15. Osteoarticular Techniques for the treatment of pelvic region
 - 16. Counterstrain for the treatment of pelvic region
 - 17. Oscillatory Techniques for the treatment of pelvic region
 - 18. Ligamentous Articular Strain Techniques for the treatment of pelvic region
 - 19. Techniques of Still for the treatment of pelvic region